



ANNUAL REPORT  
2015-2016

# SOCIAL MODEL RECOVERY SYSTEMS



Los Angeles Landscape,  
photo by a River Community graduate.

*... in pursuit of wellness*

## SOCIAL MODEL COMES OF AGE

At four o'clock Sunday afternoon, July 3, 1955, Bill Wilson, co-founder of Alcoholics Anonymous, stepped to the podium in Kiel Auditorium, St. Louis, Missouri, and declared that AA had "Come of Age". It was a landmark point in time for this fledgling movement.

Similarly, at beautiful, sun-soaked Huntington Beach, on July 9, 2016, in a far less formal fashion, the Board of Directors of Social Model Recovery Systems pronounced that our agency had reached a milestone in our own organizational maturity. We had assembled at this quintessential SoCal location to celebrate the 30th anniversary of our founding. In 1986, two men whose biggest "claim to fame" at the time was their own personal recovery, were awarded a very small contract in order to establish a pilot project serving approximately 13 individuals who had a "dual diagnosis".

In the ensuing three decades, our system of care has grown to include seven separate residential facilities, five outpatient sites, multiple prevention projects, and our own Education and Training Department. We continue to be the recognized leader in the delivery of services to co-occurring populations, both adult and adolescent. Gender specific help is available at multiple locations. We accommodate women with children at two of our sites. And, in the area of environmental prevention, our staff is routinely sought out for their vast knowledge and experience.

Perhaps the most significant recent event in our growth has been our decision to seek CARF accreditation for the three large (and new) residential facilities in downtown Los Angeles. At the end of the two-day survey we were delighted to find that not only had we received accreditation, we were awarded a perfect score. In the letter of acknowledgement from CARF, they pointed out that this was an accomplishment that fewer than 3% of their applicants achieved.

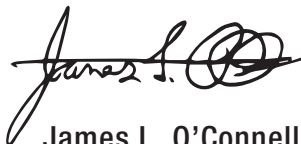
Just as Bill Wilson told the assembled audience 61 years ago in St. Louis that, "It would be a product of false pride to believe that Alcoholics Anonymous is a cure all," Board President Gerald (Jerry) Brown, at our 30th Anniversary Celebration, said "That although Social Model Recovery Systems will continue to grow, we must never lose sight of the individual we are trying to help."

If "coming-of-age" refers to the initial experiences, which we use to build the foundation for our continued growth, then SMRS is poised for a productive and exciting adulthood!

Yours in Service,



Gerald Brown  
President, Board of Directors



James L. O'Connell  
Chief Executive Officer



# OUR YEAR 2015-2016 PROGRAMS & SERVICES AT A GLANCE



## **RIVER COMMUNITY (AZUSA)**

River Community is a unique treatment program providing recovery services to people with concurrent mental health and chemical dependency problems (co-occurring disorders). Helping these folks find their personal road to recovery is the primary goal of the program. Individuals develop coping skills by finding their voice within the community. As they develop a sense of respect for themselves, residents develop new attitudes and increasingly responsible behavior. River Community is a loving and effective alternative for people whose multiple needs have not been met with more traditional recovery programs.



## **RIVER COMMUNITY COVINA (COVINA)**

Partial day treatment at River Community Covina allows time for family, employment, schooling, or other outside activities. Ongoing support and a nurturing environment provide an enhanced quality of life. Evening groups are available throughout the week. The Outpatient level of care is for the participant who is reintegrating into the community and needs to maintain his or her progress in life. In support groups and/or counseling sessions, the problems addressed are unique to each individual served. The program offers a comprehensive day-long treatment program, six days a week, for those in need of a highly structured environment. Groups, individual counseling, and social and recreational activities are scheduled throughout the day and evening.



## **RIVER COMMUNITY WELLNESS (COVINA)**

The Wellness Program is for those who are successfully managing their mental health and substance abuse issues, and are ready to embrace society as a vibrant, engaged individual. The program begins with a thorough assessment of where you are in life, and reveals how you have progressed in your co-occurring recovery process. Wellness staff assists you in discovering your personal goals and aspirations, and in partnership with you, maps out a plan to attain your dreams. Based on these discoveries, you will collaborate with our team to chart out a self-directed plan that empowers you to take the steps to achieve your goals. Ultimately, our program enables you to leave behind the role of client in a treatment program, and assume a new role as a thriving member of society.

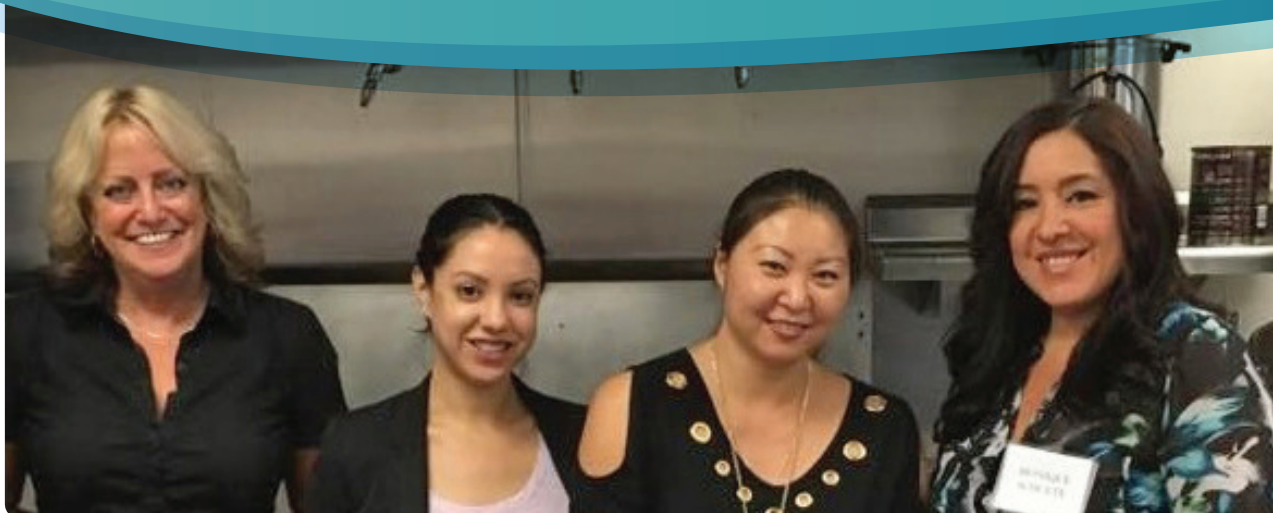


## **MARIPOSA (EAST LOS ANGELES)**

Mariposa provides comprehensive residential drug and alcohol treatment for women (and women with children) in a safe, supportive and nurturing environment. Based on a social model philosophy, we believe that abstinence from drugs and alcohol is but a beginning. Groups and individual counseling are facilitated by our on-staff, certified counselors. Additional linkage to mental health, medical and therapeutic services are provided as needed. Any woman is welcome. Those mothers with children in out-of-home placement have the opportunity to reunify when appropriate.







### **MID VALLEY OUTPATIENT (EL MONTE)**

The Outpatient program's commitment is to provide individuals and families the opportunity to achieve a better life through recovery and promote positive change throughout the community. We provide a supportive, safe and comfortable place where people can spend time in the company of clean and sober individuals, provide referrals to community resources including agencies that supply job training, education enhancement, and other vocational improvement skills, as well as to health and mental health clinics, housing agencies, sober living homes, and shelters.



### **EDUCATION & TRAINING (COVINA)**

Our trainings are based on real experiences that occur in the training room as well as the participants' life experiences. We challenge the traditional education paradigm of "I lecture, you listen." We design our curricula so that participants learn and develop; within this framework, they learn how to learn. We offer on-site local, regional, and statewide trainings.



### **UNITED COALITION EAST (LOS ANGELES)**

UCEPP's mission is to engage the most vulnerable populations of Central City East to challenge systemic conditions and social disparities that threaten a healthy environment. UCEPP's priority is to prevent and/or reduce the impact of drugs, alcohol, and tobacco in the community by using grassroots research, assessment and innovative approaches to inspire social justice and positive change.



### **COMMUNITY CENTERED EMERGENCY ROOM PROJECT (LOS ANGELES)**

The issues associated with the homeless population in the LAC+USC MC and surrounding community present an opportunity to develop steps toward building a sense of community beyond boundaries of residency status. Our goal is to stimulate discussion and inspire public debate about the issues of poverty, lack of affordable housing, health and safety impacting our communities, and the need to capitalize on emerging approaches. These approaches depend heavily on authentic voices of the community engaged in efforts to improve their community and shape health outcomes.





### **RENA B (LOS ANGELES)**

Rena B provides a safe, structured, and supportive living environment for adults struggling with drug and alcohol addictions. The program is designed to educate and empower each resident to reach his or her full potential in a healthy lifestyle of recovery. By developing new attitudes that will increase responsible behavior, residents gain the freedom to make well-informed life choices. This environment supports an ongoing pursuit of the mental, physical, and spiritual wholeness inherent in each individual. The program is community-based, operated and guided by social model treatment philosophy. Kitchen staff, with residents in the program help prepare all meals, clean and maintain the facility, and have decision-making responsibilities through the function of the Resident Council.



### **TOUCHSTONES (ORANGE)**

Touchstones offers residential and outpatient treatment to adolescents experiencing the negative effects of alcohol and other drugs with a comprehensive system of recovery services to teens and their families. While in treatment, abstinence from alcohol and other drugs is a requirement for those choosing to begin a life of recovery. Recovery relies on changing life habits. At Touchstones, teens gradually develop coping skills by finding a voice within the community. As they realize self esteem and self worth, they develop new attitudes and become increasingly capable of making healthy, responsible decisions about their behavior.



### **PASADENA COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE (PASADENA)**

The PCADD treatment program is designed to meet the needs of people suffering from alcoholism and drug dependence. Included are assessment and evaluation, treatment planning and access to other resources, supervised implementation of the plan, monitored Twelve Steps meeting attendance, education on addiction topics and issues, facilitated recovery support groups, and weekly individual counseling and case management. The Aftercare program provides on-going recovery and treatment support for up to a year after completion of the program. PCADD is available to adolescents as well as adults. Families are also considered and included in the recovery process offered by this program.







### **STEPPING STONES (COVINA)**

The program provides comprehensive residential drug and alcohol treatment for women (and women with children) in a safe, supportive and nurturing environment. Based on a social model philosophy, we believe that abstinence from drugs and alcohol is but a beginning. Groups and individual counseling are facilitated by our on-staff, certified counselors. Additional linkage to mental health, medical and therapeutic services are provided as needed. Any woman is welcome. Those mothers with children in out-of-home placement have the opportunity to reunify when appropriate.



### **OMNI (EL MONTE)**

Our residential recovery program at Omni provides a structured living environment in an atmosphere of recovery. Each day begins with morning meditation and reflection. Residents attend daily groups, participate in recreational and social activities, and receive individual counseling. In the evening, residents may attend on-site or outside Twelve Step meetings (nightly Twelve Step fellowship meetings are held at Amstone Hall, just a step away from the Center). The meetings operate independently of the program and everyone is welcome.



### **ROYAL PALMS (LOS ANGELES)**

Royal Palms provides quality residential recovery services to men of all walks of life. We understand that every individual's circumstances are different. Meeting the individual at his personal level ensures initial engagement and promotes ownership in each resident's own recovery. Although access to vocational and occupational training programs become openly attainable, residents in early recovery are strongly encouraged to attend on-site daily self-help meetings in order to fellowship, seek sponsors, and build strong foundations.



### **BIMINI (LOS ANGELES)**

Bimini is a residential treatment program for people who have a self-diagnosis of a substance use disorder, specializing in treatment for Veterans of our Armed Forces. The program provides an innovative milieu that integrates self-help principles and traditional methods. Residents learn that sound mental health and recovery from alcohol or other drug abuse/dependency is a continuing process. By developing new attitudes that will increase responsible behavior, residents gain the freedom to make well-informed life choices. This environment supports an ongoing pursuit of the mental, physical, and spiritual wholeness inherent in each individual.



# STATEMENT OF ACTIVITIES



## REVENUE

	FISCAL 2015	FISCAL 2016
County/State/Federal Contracts	6,302,332	9,170,924
Program Service Fees	2,393,893	2,854,919
Contributions	14,449	115,553
Management Services Income	512,399	0
Training/Education Fees	15,955	14,144
Grant Revenue	51,659	100,000
Mergers & Acquisitions	-	6,269,164
Other Income	13,542	60,888
<b>TOTAL REVENUE</b>	<b>9,304,229</b>	<b>18,585,592</b>

## EXPENSES

Adult Services Programs	6,845,748	10,676,727
Adolescent Services Programs	1,338,308	1,371,699
Prevention Services Programs	429,787	448,133
Training/Education Program	59,204	63,423
<b>TOTAL EXPENSES</b>	<b>8,673,047</b>	<b>12,559,982</b>

## SURPLUS

Prior Year Adjustment	631,182	6,025,610
	(607,293)	(0)

## ADJUSTED SURPLUS

	23,889	6,025,610
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## FINANCIAL POSITION

Assets	10,765,261	17,110,307
Liabilities, Mortgage & Equipment	5,775,024	5,063,744
Liabilities, other	573,959	1,604,675

## NET ASSETS

	4,416,278	10,441,888
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## DEMOGRAPHICS OF PERSONS SERVED

15.5%	African American	210	Adolescents
2.1%	Asian/Pacific Islander	1,796	Adults
49.0%	Hispanic		
1.0%	Native American	34.0%	Female
28.4%	White	66.0%	Male
4.1%	Other		

### Everyone is expected to role model healthy behaviors.

We are all examples to others; our actions influence those around us. We role model healthy behaviors through encouraging positive self-esteem and understanding appropriate boundaries. We strive to conduct ourselves in a responsible manner that demonstrates growth and change. – SMRS Core Belief #2

## BOARD OF DIRECTORS

Gerald Brown, President  
 JH Barger, MD, Vice President  
 Kristine Larsen, Secretary  
 Patricia Fenoglio, LCSW, Treasurer  
 Ulises Gutierrez, Member  
 Marie Flowers, Member  
 Miguel Palos, Jr., Member  
 Judy Redman, Member





## SOCIAL MODEL RECOVERY SYSTEMS

223 E. Rowland Street • Covina, California 91723

PHONE 626.332.3145 | FAX 626.974.4164

EMAIL [info@socialmodel.com](mailto:info@socialmodel.com)



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